

# Camp Week: Day 4

Theme: Music Makers

| Itinerary           | Activity  |
|---------------------|---|
| 9:00 AM - 9:30 AM   | Video, Music Notes, and Worksheet                   |
| 9:30 AM - 10:15 AM  | Craft: Paper Plate Tambourine                       |
| 10:15 AM - 10:30 AM | Morning Snack: Drum Set                             |
| 10:30 AM - 11:15 AM | Indoor Game: Zumba                                  |
| 11:15 AM - 11:30 AM | Flash Game: Musical Chairs                          |
| 11:30 AM - 12:30 PM | Lunch Time  |
| 12:30 PM - 1:45 PM  | Quiet Time: Reading, Coloring, Naptime, Board Games |
| 1:45 PM - 2:45 PM   | Outdoor Game: Alternative Freeze Dance              |
| 2:45 PM - 3:00 PM   | Afternoon Snack: Note Parfait                       |
| 3:00 PM - 4:30 PM   | Movie of the Day: Trolls (Purchase on YouTube)      |
| 4:30 PM - 5:00 PM   | Outside Free Time                                   |

Morning Snack:



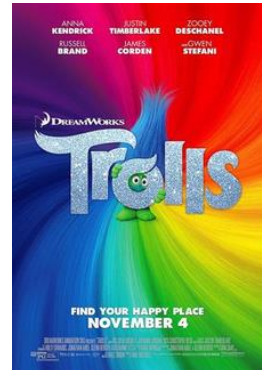
Afternoon Snack:



Craft:



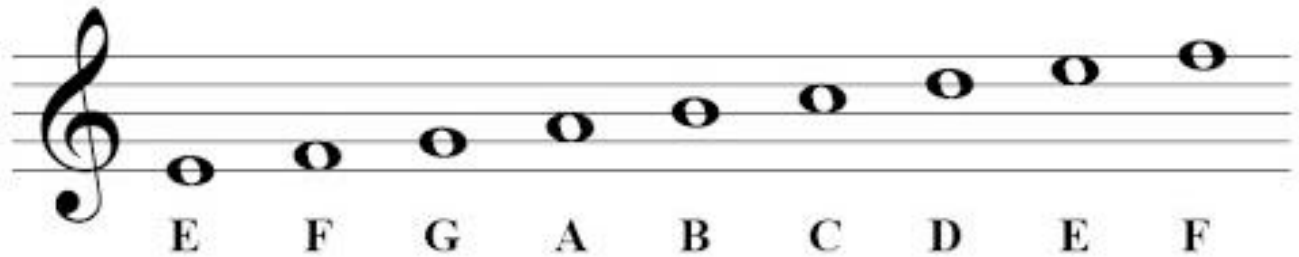
Movie of the Day:



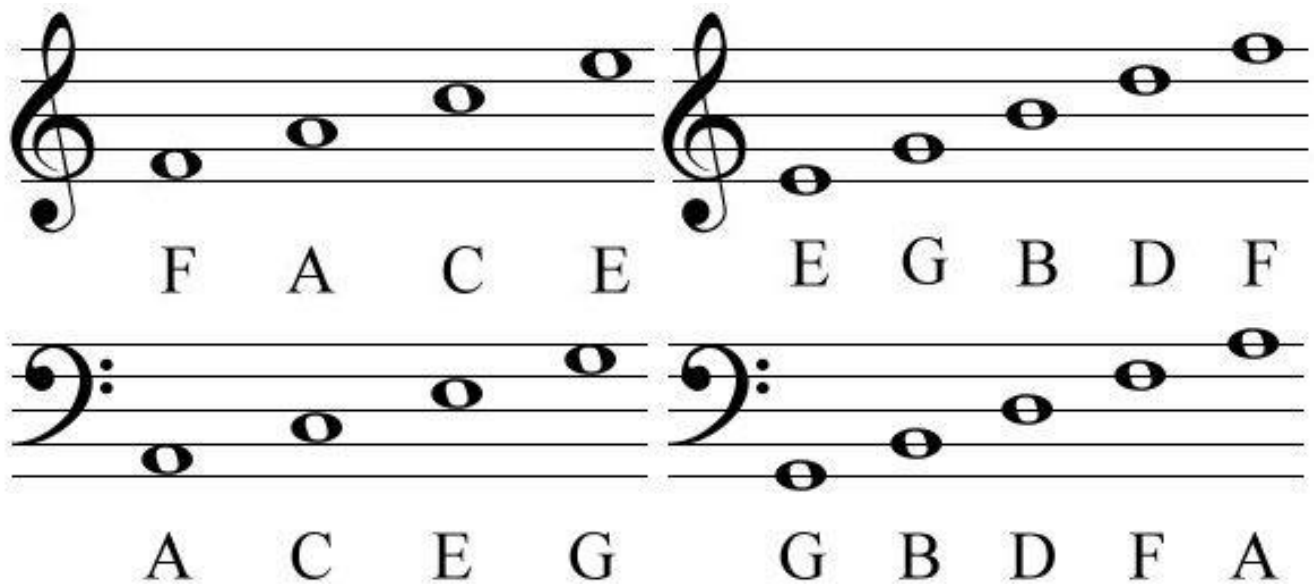
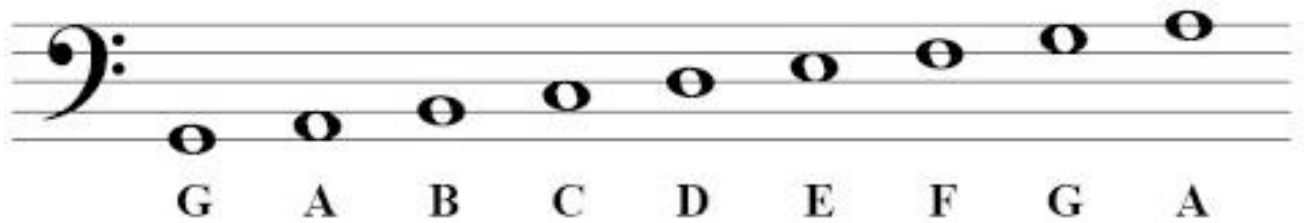
# Day 4: Notes for Beginners

Video for beginners- <https://www.youtube.com/watch?v=JFaKNR7eeJk>

## Treble Clef Notes



## Bass Clef Notes

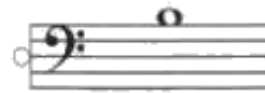


# Warm up Worksheet- Name the Note

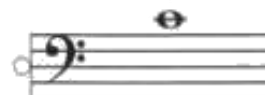
Match the notes to the alphabets.



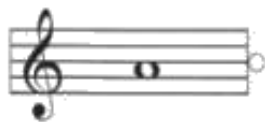
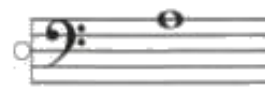
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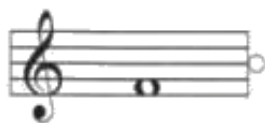
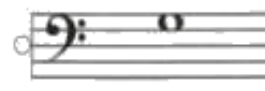
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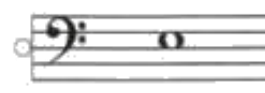
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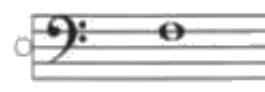
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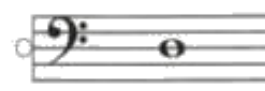
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D



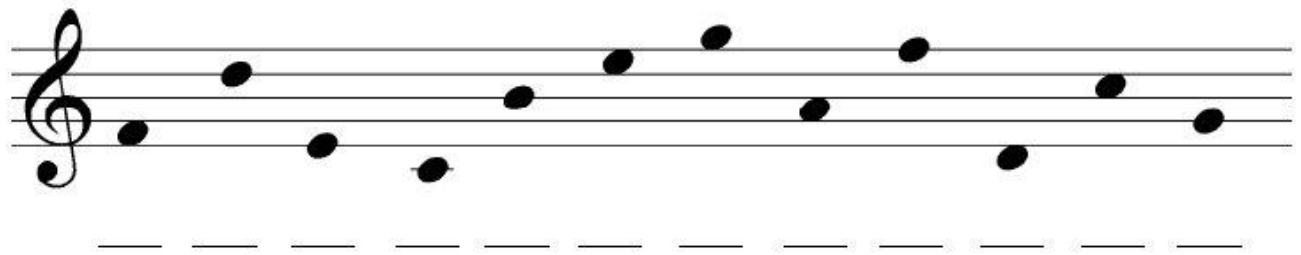
# Warm up Worksheet- Name the Note

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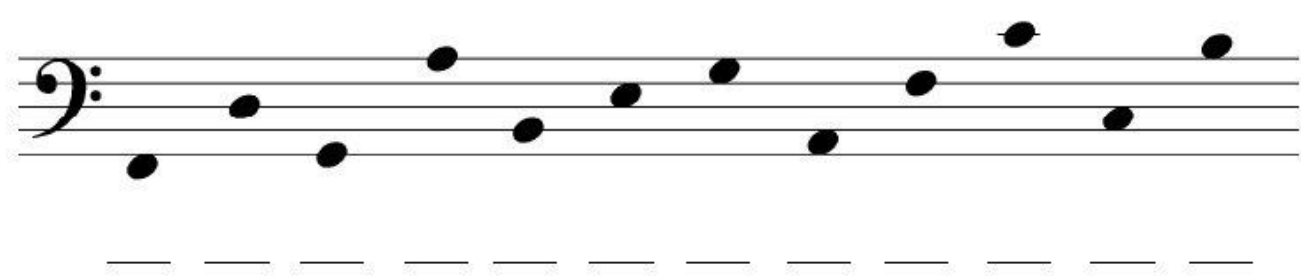
## Notes & Stems: Grand Staff

Write the name of each note in the blank below it, then add a stem to each note.

Be sure to draw the stems in the correct direction!



A musical staff with a treble clef. It contains ten unstemmed notes: G4 (first space), A4 (second space), B4 (third space), C5 (fourth space), D5 (first line), E5 (first space), F5 (second space), G5 (third space), A5 (fourth space), and B5 (fifth space). Below the staff are ten dashed lines for writing the note names and stems.



A musical staff with a bass clef. It contains ten unstemmed notes: G3 (second space), F3 (third space), E3 (fourth space), D3 (fifth space), C3 (first line), B2 (below first line), A2 (below first line), G2 (below first line), F2 (below first line), and E2 (below first line). Below the staff are ten dashed lines for writing the note names and stems.

## Day 4: Craft- Paper Plate Tambourine

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What you will need:

- 2- Paper plates
- Markers
- Stapler
- Noise Maker (Popcorn kernels, rice, bells or something small to make noise).

Directions:

1. Draw a design on the back side of each plate.
2. Add loud noise maker inside the paper plate.
3. Staple around the outside and make sure they are close enough so the noise makers don't fall out.
4. Start shaking your Tambourine!

## Day 4: Flash Game- Musical Chairs

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What you will need:

- Music
- Chairs (one chair less than the number of people playing)

Directions:

1. Play the music and have the players walk around the perimeter of the chair circle.
2. When the music stops, everyone must immediately sit in a chair.
3. The one person left standing is out.
4. Remove another chair and continue until only one person is left.

## Day 4: Indoor Activity- Zumba for Kids

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Video: <https://www.youtube.com/watch?v=8y6blbr-Hn0&t=169s>

# Day 4: Outdoor Game- Alternative Freeze Dance

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## The Dance Freeze Song

Directions:

1. Go on YouTube and search the Dance Freeze song or use this link [The Dance Freeze Song](#)

## The Magic Triangle Game

What you will need:

- Music of your choice
- Triangle or noise maker

Directions:

1. Kids move to the music. When the triangle or noise maker sounds, they freeze in an interesting shape.
2. When the triangle or noise maker sounds again they can continue to move.

## Mirroring

What you will need:

- Music of your choice

Directions:

1. Partner up and face each other.
2. One partner is the leader, and the other partner mirrors their movement as closely as they can.
3. Switch leader after each song.

# Day 4: Outdoor Game- Alternative Freeze Dance Cont.

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## **Pass the Scarf (or Tennis Ball)**

What you will need:

- Scarf or Tennis Ball
- Music of your choice

Directions:

1. One person will have the scarf or tennis ball. The person with the prop will move around while the other person without a prop is a statue.
2. The person with the prop starts dancing for 15-45 seconds and find ways to pass the prop.
3. Once the prop is passed to someone else, they will begin to dance while the other person who just passed the prop will become a statue.

Idea from Pinterest: [Melodious Intent](#)