

Bonner Springs **SENIOR CENTER NEWS**

200 E. 3rd St., Bonner Springs, KS 66012
Senior Center Director - Gloria Ochoa
913-441-0169 / Hours: Monday thru Friday 10:00am to 3:00pm / www.bonnerrsprings.org

*Welcome
Back*

**Please read the attached letter from the
City of Bonner Springs.**

**This letter explains our preparation for the opening of
our Senior Center and how we are keeping everyone
safe during this time.**

**Please read it carefully and should you have any
questions, don't hesitate to contact me.**

BONNER SPRINGS LIBRARY

TAX HELP

AARP will be accepting taxes every Tuesday at the Bonner Springs City Library by appointment only. AARP will be providing the FREE service every Tuesday through May 11th. To get an appointment, please call 913-441-2665 on MONDAYS beginning at 9:00 a.m. We take appointments for the current week only. Any questions, please call the library (913-441-2665) any time during regular business hours

DON'T LET YOUR GUARD DOWN

Even if you have received the vaccine it is important to keep following these precautions:

- Stay home when you are sick
- Wear a Mask
- Avoid Crowds
- Keep at least 6 feet of space between yourself and people outside your Household
- Get tested for Covid 19 if you have been exposed or have symptoms.



There are scammers taking advantage of the current situation and trying to trick you out of your money and personal information.

If you receive calls, e-mails or other communication claiming to be from the U. S. Treasury, Department of Revenue or Internal Revenue Service or Social Security Administration regarding COVID-19,

PLEASE HANG UP!

PLEASE DO NOT RESPOND!

Visit the Treasury's website at Home, treasury, gov/cares

Preparing for a slow return to normal

Vaccines are here, and it is easy to get excited with the end of the covid 19 pandemic. But it is also important as ever to stay informed, be patient and with a purpose to safety



MIDLAND CARE

Hope, Comfort and Support

Living independently in your own home for your whole lifetime seems like the best option, but health problems can get in the way.

Midland Care PACE (Program of all-inclusive Care for the Elderly) is an option for Kansans who many need help.

Jamey Rodriquez is hosting our Bingo at the Senior Center on April 11 at 10:00 to 11:00am in the Sunflower Room across from the Senior Center.

She will discuss:

- **How Midland Care PACE can help?**
- **PACE may be for you if you are interested in a team helping you.**
- **What you pay for PACE depends on your financial situation**
- **How you can be eligible for Midland Care PACE.**

Come to our Bingo with Prizes and learn more options to design a plan to help you achieve your health goals.

You must pre-register for this program

See attached letter from the City.

Avoiding Coronavirus stimulus payment scams

Scammers are using these stimulus payments to try to rip people off. They might try to get you to pay a fee to get your stimulus payment. Or they might try to convince you to give them your Social Security number, bank account, or government benefits debit card account number.

4 tips for avoiding a Coronavirus stimulus payment scam

1. Only use irs.gov/coronavirus to submit information to the IRS – and never in response to a call, text, or email.
2. The IRS won't contact you by phone, email, text message, or social media with information about your stimulus payment, or to ask you for your Social Security number, bank account, or government benefits debit card account number. Anyone who does is a [scammer phishing for your information](#).
3. You don't have to pay to get your stimulus money.
4. The IRS won't tell you to deposit your stimulus check then send them money back because they paid you more than they owed you. That's a [fake check scam](#).

Report scams to the Federal Trade Commission at ftc.gov/complaint.

To keep up with the latest scams, [sign up](#)



CRAFT TIME

Pre Register with Teresa at the Front Desk

There are 2 blankets available to work on at the Center.

Feel free to bring any other craft that you are working on to the Center for the hour for show and tell and to gain insightful crafting tips and tricks from friends.



**Will be in the TV Room of the Senior Center on Thursdays
May 6, 13, 20 and 27 from
1:00 to 2:45 pm**

**You will have to
Pre-register with Teresa
at the front desk of the
Community Center.**

**We are limited to the number of
participants that can attend this
activity.**

**Once the number has been reached
We can no longer accept registrations**

Thank you



**If you receive the newsletter by
mail
and have e-mail
access, we ask that you call the
Senior Center to give us our
e-mail address**

FEED HIS LAMBS

1st Thursday of every month.

**Please don't forget to drop your cookies
off at the Bonner Springs
United Methodist Church**

**These cookies are delivered to senior
homes along with a basket of food**

**We really appreciate your donation of
cookies for these baskets**

ENHANCE FITNESS



An Education and Wellness Program For Older Adults

Enhance Fitness is a free, evidenced-based group exercise program geared toward arthritis relief.

Older adults (60+) at all levels of fitness will become active, energized and empowered to sustain independent lives.

This program is dedicated to improving the quality of life for seniors in Wyandotte County

Join us at the Senior Center on Monday, Wednesday and Friday from 10:00 to 11:00am in the gym of the Community Center

Schedule may change due to availability

Don't forget to pre-register with Teresa at the front desk of the of the Community Center.

Please join us

BE SAFE BE WEATHER AWARE

Severe thunderstorms produce large hail or winds of at least 58 mph. Some wind gusts can exceed 100 mph and produce tornado-like damage. That's why many communities will sound their outdoor sirens for damaging straight-line winds.

If you are caught outside with no safe shelter anywhere nearby the following actions may reduce your risk:

- **Immediately get off elevated areas such as hills, mountain ridges or peaks**
- **Never lie flat on the ground**
- **Never shelter under an isolated tree**
- **Never use a cliff or rocky overhang for shelter**
- **Immediately get out and away from ponds, lakes and other bodies of water**

Stay away from objects that conduct electricity (barbed wire fences, power lines, windmills, etc.)

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CARTER HEALTH CARE

**There Mission is
Helping People Live Better Lives**

**Shelly Allen, Professional Services
Coordinator will be hosting a Bingo on
Wednesday, May 19 from
10:00am to 11:00pm**

She will be discussing :

- **Why would you choose Carter**
- **Home Care Requirements**
- **Providing the following services:**
 - Skilled Nursing**
 - Physical Therapy**
 - Medical Social Services**
 - Adult & Geriatric Care**
 - Diabetes Management**
 - Patient Education**
 - Wound Care**

**Shelly will be providing prizes for the
Bingo she will be hosting.**

**Please come and join us to hear this very
informative presentation**

**Pre-register with Teresa at front desk
Community Center**

Legal Services

**You will be notified when legal
services is open for business**

This service is free!



OPENS

Saturday, May 1, 2021

**7:30-11:30AM Saturdays
May through October**

**Kelly Murphy Park -
Bonner Springs, Kansas**

For more information go to

**www.bonnerfarmersmarket.org or
Follow us on Facebook at
[bonnerspringsfarmersmarket](https://www.facebook.com/bonnerrspringsfarmersmarket)**

