

Girls' Volleyball Information

(Updated January 2017)

Age:

- Any participant may play up a division if deemed necessary by Bonner Springs Parks and Recreation; participants may not play down a division.
- Divisions are split up into 2nd-3rd grade, 4th-5th grade, and 6th-8th grade.
- **If leagues are combined the younger division will abide by the older divisions rules.**

Player Rules & Eligibility: *(See Girls' Volleyball Bylaws for more detailed information)*

- *Behavioral Misconduct:* At practices or at games is subject to bench time, ejection and a suspension of one or more games per the Recreation Coordinator. Any behavioral misconduct is to be reported to the Recreation Coordinator within 24 hours via E-mail and/or via phone or in person. Behavioral misconduct includes, but is not limited to, disrespect of any kind towards coaches, players, and spectators, verbal harassment, physical contact with the intent to cause harm and unsportsmanlike conduct.
- *Practice Attendance & Eligibility to Play:* Player absences from practices can reduce the amount of playing time in the match following that weeks practice. If the player has a valid excuse as determined by the head coach for missing practice, the coach must still abide by the minimum playing time rule stated below. (Protests will be recorded and decided by the Recreation Coordinator).
*If a player does not attend a minimum of three complete practices prior to the first match, the head coach may ask the Recreation Coordinator to designate the player as ineligible for that match; players must attend all practices or otherwise communicate with the head coach in the event of an absence from practice to be eligible to play for the next scheduled match.
**Minimum Match Playing Time:* Every participant who attends and is eligible to play in a scheduled match shall be entered in the rotation line up and allowed equal playing time.

Practice:

- Each team will be provided with two hours of practice time per week at the Bonner Springs Community Center.
- Teams are encouraged to arrive 10-15 minutes early so that practice time may start promptly; only players and coaches may take the court. Spectators may sit on the bleachers or chairs, but may not be roaming the halls. Coaches and participants only on the court.
- The coach is responsible for all players and spectators while the facility is in use.
- The facility must be clean upon departure.
- Practice balls will be provided by Bonner Springs Parks and Recreation. 2nd-3rd grade teams will be provided with the Volley-Lite volleyballs for practice, and 4th-5th and 6th-8th grade teams will be provided with the SV-5WS volleyballs for practice. Coaches are responsible for all supplies borrowed and loaned. (If individuals are interested in bringing their own practice balls they are encouraged to do so.)

Games: Saturdays and/or Sundays, between 9am-6pm

- *Ball:* The Volley-Lite volleyball will be the provided game ball for the 2nd-3rd grade division, and the SV-5WS volleyball will be the provided game ball for the 4th-5th and 6th-8th grade division.
- *Uniforms:* All players will be required to wear a jersey. Bonner Springs Parks and Recreation will provide the jersey. All players must also wear knee pads and athletic shoes. NO jewelry.
- *Serve:* To determine the first serve, the winner of the coin flip will have the option of serving or receiving first. The other team will get to choose the side. There is a five serve limit, meaning if a server has 5 consecutive serves that score, the team retains possession but must rotate players like normal.
- *Rotations:* Rotations are mandatory, and substitutes will be rotated into the center back court position each time the team gains the serve (every side-out). There is a mandatory rotation on the first serve, regardless of which team serves/receives first. Rotation sheets are required to be turned in to the referee prior to the start of the first match; if rotations are changed during the match, a new sheet will be turned in.
- *2-minute Warning:* A 2-minute warning will be given at the end of the game, if the referee deems it necessary. The clock will stop during this time.
- *Scoring:* Rally scoring will be used. This means that either the team serving or the team receiving may score.
- *LET SERVE* will be used for all games. This means that if the serve hits the net and goes over to the opponents side, then the ball remains live.
- *Carrying and lifting* the ball will constitute a foul.
- *Forfeit:* Four players constitutes a team. If a team fails to field 4 players at the scheduled game time, then that team will forfeit the game. If the team fails to field 4 players after 10 minutes, then the team will forfeit the match.
- *Time Out:* Each team will receive two, 30 second time-outs per match. Time-outs may not be carried over to other games, and injury-related time-outs are up to the discretion of the referee.
- Each team **must** supply one scorekeeper and one line judge for every game.
- When playing at other locations, BSP&R teams will follow the rules and regulations of the hosting organization. No exceptions.

Game:

15 minutes/game maximum OR
until 25 points (must win by 2 points)
(Game will continue until there is a 2 point lead OR time runs out)

Match:

Best 2/3 games wins
45 minutes/match maximum

All divisions:

Will start the game 0-0

Net Height

2nd-3rd Grade: 6'8"
(will serve 18' from the net)

4th-5th Grade: 7'4"
(will serve 18' from the net)

6th-8th Grade: 7'4"
(will serve 21' from the net,
encouraged to play from 24'6")

Inclement Weather:

The decision to call a rainout on a game will be made by the Bonner Springs Parks and Recreation staff. This decision will be made approximately one hour prior to game time if not before. Parents and coaches may call the Bonner Springs Parks and Recreation inclement weather information line at 816-871-5047. We would like the assistance of all coaches in keeping our game safe. In the event of inclement weather, all applicable coaches will be notified.

Referees:

The job of the referee is to promote a safe environment in which the participants can play and learn the game of volleyball. The referee, coaches and parents make up a team with this common goal. The referee's primary function is safety and fair play. The referee also has the right to eject players, coaches, and/or parents. In the event of an ejection, the Bonner Springs Parks and Recreation staff will decide further action. All calls made by the referee are final.

If you have a problem with something a referee has done or is doing, the following procedure should be followed:

1. Talk to the coach and/or assistant coach. It is the responsibility of the coach to be the mediator between parent and referee.
2. After the game or after the match, discuss the situation with the referee. Be sure to show him or her respect; you are a role model to the players!
2. If the situation can not be settled, the Recreation Coordinator should be contacted so that he/she can address the situation.

Responsibilities of the Referee:

1. The referee will keep track of score and time, make official calls, and ensure an encouraging and respectful environment.
2. The referee will ensure that the building supervisor receives the scorebook at the end of the last match.
3. Explain rules when necessary
4. Be firm, fair, honest, and consistent.

Parents and Coaches:

- All parents, spectators, coaches and players will comply with the Code of Conduct for the league (*See Girls' Volleyball Bylaws for more detailed information*).
- All spectators and players not playing need to stay off the court; coaches and players only. Coaches are required to wear their coaches shirt at all games. This shirt will indicate permission to take the court.
- Our goal is to encourage the players; be courteous and show sportsmanship to the players, coaches, referees, and parents.
- The opposing team is not an opponent; everyone is participating with the same goal in mind: helping the players
- Develop and improve skills (on and off the court).
- At the end of the game, it is good sportsmanship to thank the opposing team and the referee.
- The Girl's Volleyball League follows the National Federation of State High School Associations (NFHS) rules, with division specific modifications.

General Information:

- **Recreation Coordinator:** Ben Hess,
913-422-3404, bhess@bonnersprings.org
- **Team Pictures:** Available upon request.
League fee does not include a team picture.
Coach will inform players of the designated picture day, which will occur at practice.

Game Locations:

Bonner Springs Community Center
200 E. 3rd Bonner Springs KS, 66012
913.422.7010