From your Senior Center Board Council Liaison, Rodger Shannon:

Over the past few months, it has been brought to my attention that a few individuals have concerns that the Senior Center would close. I want to relieve these concerns and assure patrons of the Senior Center that the Center will remain open. Never has staff or Council suggested that the Center should close.

The City has made accommodations to ensure the Center remains open during the construction of the Police Station and City Hall remodel. These accommodations include moving some of the Senior Center parking signs along Third Street, and installing a stair lift to ensure accommodation to those unable to use stairs. When the construction project is completed, the back door to the facility will open again for full access of the Senior Center. Another point to assure you the Center will remain open, is that we’ve continued our annual renewal of the contract with the Unified Government Area on Aging to continue mill levy funding.

We’d love to see you continue to participate in all the Senior Center has to offer or even try a new activity! There are many to choose from including: luncheons & entertainment, food demonstrations, exercise program, bingo, free legal service assistance, free blood pressure checks, arts & crafts, mystery lunch and breakfast outings, museum & dinner theater trips, seasonal trips of interest, Wii tournaments, board games and cards, the pool table open daily, puzzles, movies & cable television. If nothing else, just stop by and chat while you have a cup or two of coffee!

The Senior Center is a valuable part of our community, and all of you are important to us. We want to see you at the Senior Center!
SENIOR CENTER NEWS

Volunteers for Scholarship Committee

Looking for volunteers to serve on our Application Review Committee Board

We will be receiving the applications on Tuesday, March 3. You will review the BS High School Seniors Applications for the Bonner Springs Senior Citizens scholarship award to be turned in by March 27.

Please see Gloria at the Senior Center if you are interested. Thank you!

SHOPPING AND LUNCH

On Friday, March 6, we are leaving the Senior Center at 10:30 to go shopping. We will lunch at the restaurant of your choice.

Bring your walking shoes, and money so that you may join us for a fun day of shopping.

Newsletter Mailing Information Update

Our newsletter and calendar is available on the City of Bonner Springs website: www.bonnersprings.org.

We will continue to mail the calendar and newsletter out to those that would like to receive it. Please contact the Senior Center if you or someone else would like to be added to the mailing list.

Our contact information is found on the front of the newsletter.

SENIOR CENTER

THE CENTER IS OPENED
8:00AM TO 5:00PM.
MONDAY THRU FRIDAY
EXCEPT HOLIDAYS

YOU CAN PLAY POOL, WORK PUZZLES, JOIN US FOR GAMES, BINGO OR JUST VISIT WITH FRIENDS.

THE SENIOR CENTER IS FOR AGES 55 YEARS AND OLDER.

LUNCH BUNCH

I have been asked if we could go to the Hollywood Casino for the buy one get one free buffet lunch and to do a little gambling.

Well, we will be leaving on Monday March 30 at 10:30 to have lunch and an hour to gamble.

CALVIN IS NOT DRIVING

THERE BACK!

Come join us at the Senior Center on

Tuesday, March 24 at 11:30 for our delicious

REUBEN SANDWICHES and Chips

Shelly with Carter Health Care is bringing dessert!

Please pay when you sign up for your lunch. DEADLINE is on or before March 13.

The cost is $4.00
If you are interested in attending the Dinner and Show on March 20 for the Duetable II at the Heritage Center in Leavenworth, Ks. please sign up at the Senior Center.

This is on a Friday evening.

I will need a count for those attending so that a table can be reserved.

I will need to know by March 13 if you would like to attend.

CALVIN IS DRIVING

The Bonner Springs Senior Citizens are having a garage sale to raise money for our Bonner Springs High School Students Scholarship Fund.

The garage sale is being held in the Gym at the Community Center on Saturday April 25 beginning at 8:00 until 3:00pm

Let’s start cleaning out those closets and collecting those items you no longer need or want and would like to donate to this worthwhile event.

More information to follow in the April newsletter

Please contact Gloria at the Center if you are interested in participating

THOUGHT FOR TODAY

I POSTED A SELFIE AND PEOPLE TOLD ME TO GET WELL SOON!
Bingo
Partners in Primary Care

Kajuan will be our host in Sunflower Room at the Senior Center on Wednesday March 18 at 11:00
He will make a little presentation about Primary Care before he starts Bingo
There will be prizes and a Walmart Gift card for the black out prize

Please try to join us!

Birthday Potluck
on Wednesday
March 11 at 11:30 in the Sunflower Room at the Senior Center

Your Birthday - Do not Bring a Dish
Not Your Birthday - Bring a Dish

Dessert will be provided

No Legal Services this month.

EDUCATION AND WELLNESS PROGRAM FOR OLDER ADULTS

BONNER SPRINGS SENIOR CENTER
MONDAY | WEDNESDAY | FRIDAY | 10:00AM

Enhance Fitness is a FREE, evidence-based group exercise program geared toward arthritis relief.
Older Adults (50+) at all levels of fitness will become active, energized and empowered to sustain independent lives.
The program is dedicated to improving the quality of life for seniors in Wyandotte County.

*Funding for Enhance Fitness is provided by Title III-D Disease Prevention & Health Promotions and in part by the Wyandotte/Leavenworth Area Agency on Aging*

Bonner Springs Senior Center
200 East 3rd Street
Bonner Springs, KS 66012
913.441.0169

This class is proven to:

- Improve physical function
- Decrease depression
- Protect against falls and fall injury
- Provide a social benefit
- Promote a physically active lifestyle
- Reduce medical care utilization costs
- Decrease unplanned hospitalizations

Please join us!
MARCH
MONTHLY LUNCH

DATE: MARCH 17
TIME: 11:30 AM
PLACE: SENIOR CENTER
HONEY BEE ROOM

MENU: CORNED BEEF
AND CABBAGE
POTATOES
SODA BREAD
LIME JELLO PEARS
WATER GATE CAKE

COST: $6.00
DEADLINE SIGN UP: MARCH 13

IDEAS FOR RAISING MONEY
FOR SCHOLARSHIP FUND

The Senior Center would like to get your feedback on having the Spaghetti Dinner this year.

Would you like to host a Spaghetti Dinner this year?

We will need to raise money for our scholarship fund for the Bonner Springs High School Seniors.

Some of the suggestions we have been presented with are:

- Paid Bingo with a lunch
- Senior Center Garage Sale
- Fund raiser at Tiblow Days

Any other ideas?

Cookies for Feed His Lambs is on the 1st Thursday of every month.

Please deliver to the Senior Center

TIE BLANKETS

PLEASE JOIN US AND HELP
MEASURE AND TIE BLANKETS
AT THE SENIOR CENTER ON
THURSDAY, MARCH 12 AT 10:00.

THEY WILL BE DISTRIBUTED TO
VETERANS!

BINGO

ALLWELL
SUNFLOWER HEALTH PLAN

Jeb Jenkins, Medicare Advisor, will host our Bingo on Thursday, March 26 at 10:00 in the Senior Center Sunflower Room.

Please come and join us for some fun and to win prizes. He won’t have a $10 gift card but he will be providing a Grand Prize Gift!
Wonderful World of Disney
Marceline, MO

Date: March 27
Depart: Senior Center 9:30am
Return: Approximately 4:30 - 5:00pm
Fee: $20.00 less than 10
   $16.00 more than 10
Lunch: Ma Vic’s
       Corner Café
       11:00
Sign up: By March 20

The Walt Disney Hometown Museum is located in the restored Santa Fe Railroad Depot in Marceline, Missouri. Opened in 2001, the museum houses a collection of memorabilia from the Disney family's farm where they lived from 1905 to 1909 along with Walt Disney's return to the town in 1946. The museum also houses artifacts from the town's railroad history.

Many of the items were donated by the family of Ruth Flora Disney Beecher, Walt's sister. Artifacts include personal family letters and photos, Disney's wooden school desk and a recording of him asking his parents about their life. The museum houses the only remaining components of a Disneyland ride to be operated outside of Disneyland, the Autopia. The museum also houses artifacts from the town's railroad history.

FOOD DEMO
Come join us on Thursday, March 5 at 10:30am
Gloria will be showing you how to make
Cheeseburger Tator Tot Casserole
The cost is $2.00
Must have at least 7 participants

Mark Your Calendars
- Lenexa Bowling Tournament, Thursday, May 28
- Chestnut - Down by the Riverside in April
- Humana - Lunch and Learn in April
- MTH Theater at Crown Center “Carousel” in April
- Unsung Hero Museum - In April
- BS Senior Citizens Garage Sale - April 25
- Museum Lecompton - State Historic Site - Constitution Hall
- Next Dinner Theater - Million Million Dollar Quartet - June 3
- Dinner Theater still room for “Church Basement Ladies - April 1
- Reuben Sandwiches - Sign Up March 24

CALVIN IS DRIVING

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